

#0-Welcome audio

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SPEAKERS

Lucia Tiffany

Lucia Tiffany 00:06

Hi, and welcome to the **Experts Secrets To Reversing Diabetes** Summit. As your host, my name is Lucia Tiffany. And I just wanted to introduce myself because I won't be doing that on the other videos with the interviews. How did I get interested in even organizing a summit like this? Well, I come from a family with a lot of diabetics. And I have worked for over 40 years helping people to improve their lifestyles, their health and reverse chronic disease through their lifestyle choices. It has been something that I have seen work in so many different people's lives, my own family's life, and even in my own life. One day when I checked my blood sugar's and found myself in the pre diabetic range, with my genetics and my heredity, I decided it was time to do something about it. And I really started earnestly applying the things I had been teaching others to do for many years. And I was able to normalize my blood sugar's in a matter of a week. So I know how powerful that these techniques, tools, and skills can be. And I really believe that it's important for us to spread the word that diabetes is not a lifetime sentence. Diabetes, in many cases, can be reversed. In fact, in most cases, it can be reversed. And even if you have destruction of the pancreas causing a type one diabetes, you can still use the things we're going to be talking about in this summit, to minimize your need for insulin, which will minimize your risk of complications down the road and enable you to live a happy, healthy, energetic life. So I am so excited, and so grateful for each of the experts that have chosen to share their time and their knowledge and their wisdom in this summit. So I just want to give you a warm welcome. I want you to look forward to every single day. there will be new releases, you will have access to a new interview every day until the end of this summit. So welcome. I just want to make sure that you are keeping an eye on your email, as you will get a unique daily link for the broadcast being released that day. Here's the way it will work. Each interview will be available for at least 24 hours, not necessarily any longer than that, that they will be coming down. And you will have access to the next day's interview. And it will run all of this week, and all of next week. So you will want to check in, check on your email every day so that you can find a time when you can have a chance to sit down and listen to what you can learn through the experts that are sharing their secrets in this summit. You know, as a nurse and a health educator, I really have a passion to see people learn life

saving skills, tools, techniques, and have the understanding that will enable them to make the choices that will give them a life that is not only long, not only healthy, but of the highest quality that gives you clarity of mind so that you can be the person that God intended you to be. So welcome to the summit. If you have any questions along the way, feel free to email me @Lucia at Luciatiffany.com. Below this video, you'll also see a link to the bonus that everyone received for signing up to the summit, just in case you misplaced the link or didn't have a chance to download it. You can also get it below. So I look forward to spending the next couple of weeks sharing time with these experts that are coming to help you grab a hold of things that you can apply in a practical way today. Thanks and we will see you in the summit.